

Rower and Parent Information Summary

Date: _____ New info form: _____ Updated info form: _____

Rower Information

Name: _____ Sex: _____

Date of Birth: _____ Age: _____ Grade: _____ Weight: _____ Height: _____

Allergies: _____

Medical Conditions: _____

Home
Address: _____

Home Phone: _____ Rower cell phone: _____

Rower E-mail: _____

Rower school: _____

Parent/Guardian Information

Name: _____

Relation to rower: _____

Occupation Mother: _____

Occupation Father: _____

Employer Mother: _____

Employer Father: _____

Home address: _____

Home Ph: _____

Work Ph Mother: _____

Work Ph Father: _____

Cell Ph Mother: _____

Cell Ph Father: _____

Email Mother:

Email Father:

Emergency Contact – other than parent

Name:

Relation to rower:

Home Ph:

Work Phone:

Cell Ph:

Email:

The information on this form is for Lyman Crew use only and will not be used for commercial purposes or distributed to anyone except Lyman Crew rowers and parents.

Release from Liability for Running

www.Lymanrowing.com

Lyman Rowing Association participates in running as a form of land training. Most running will be done from Lyman High School to the Lake Kathryn Boat House, but longer runs may involve running on surrounding roads. By signing below, I agree to allow my child to run on surrounding roads, such as Dog Track Road and US 17-92.

Rowing Season: September 2011 through June 2012

Rower Name

Parent/Guardian Name

Parent/Guardian Signature _____ Date: _____

Received by Lyman Rowing Association:

Date

Acknowledgement of Parent/Guardian Responsibilities and Financial Obligations

Rowing Season: September 2011 to June 2012

As a parent of a Lyman Rowing Association rower, I have read and agree to accept the responsibilities and financial obligations as set forth in this handbook.

Rower's Name

Parent/Guardian name

Parent/ Guardian Signature

Date: _____

Received by Lyman Rowing Association:

Date

Acknowledgement of Rower Code of Conduct and Rower Rules and Responsibilities

www.Lymanrowing.com

Rowing Season: September 2011 through June 2012

By signing, I certify that I have read the Lyman Rowing Association Code of Conduct and Rules and Responsibilities in this handbook. I agree to abide by the Code and Rules as long as I row for Lyman Rowing Association.

Promised and Committed by:

Rower's Name (Print)

Rower's Signature

Date: _____

Parent or Legal Guardian Signature

Date: _____

Received by Lyman Rowing Association:

Date

Swim Test Completion Form

www.LymanCrew.com

Parental Certification to Lyman Crew

Rowing is a water related activity. Because rowing is a water related activity, it is critical that each rower have certain basic swimming skills. In order to induce Lyman Crew to allow your son or daughter to participate in any water related activity the parent or parents of each rower shall be responsible to test their son or daughter's basic swimming skills by conducting the Swim Test set forth below. After the Swim Test has been successfully completed, a parent of each rower must complete this Certification and provide it to Lyman Crew by submitting it to the Administrative Officer. No rower will be permitted to participate in any water related activity without a parent having first successfully completed the Swim Test Certification Form and having submitted this Certification to Lyman Crew.

The Swim Test is comprised of the following in the order shown without rest intervals:

- 1) Jump feet first into water over the head in depth, level off, and begin swimming.
- 2) Then swim 100' using any stroke. The 100' feet must be completed in one swim without stops and include at least one 180-degree turn.
- 3) Then tread water or stay afloat for 5 minutes without touching bottom or using any floatation device or other support.
- 4) Complete all form spaces below and submit to Administrator officer.

I, the undersigned parent of _____ (Rower's Name) hereby attest and certify that my son or daughter has taken and passed the Swim Test and request Lyman Crew to allow them to participate in water related activities:

Parent Name: (print) _____

Parent Signature: _____

Test date: _____

STATE OF FLORIDA, COUNTY OF SEMINOLE:

The foregoing instrument was verified, sworn to and acknowledged before me this ____ day of _____, 200____, by _____, as parent of _____ (Rower's Name), who is personally known to me or who presented _____ as identification and who did take an oath.

(Name: Printed, Typed or Stamped)

Notary public, State of Florida

My Commission Expires:

Rower Medical Physical Form

Each rower **MUST** turn in a completed Medical Physical Form prior to beginning practice. Physicals can be done by the rower's own physician or a medical walk in clinic. Lyman Crew recognizes the FHSAA medical form, as well as any Medical Physical Forms signed by an authorized physician.

USRowing Waiver of Liability for Competition in Regattas

IN CONSIDERATION of being given the opportunity to participate in _____, I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of Rowing Activities, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such Activity.
2. FULLY UNDERSTAND that: (a.); ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death ("Risks"); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releasees names below; (c.); there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.
3. AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a member of the Club and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.
4. HEREBY RELEASE, discharge, and covenant not to sue USRowing, the Club, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, (each considered on of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or allege to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY < SAVE AND HOLD HARMLESS each of the Releasees, from any litigation's expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim.

I have read this agreement, fully understand its terms, understand that have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Printed Name of Participant: _____

Date: _____

Address:

Phone:

Signature (only if age 18 or over):

PARENTAL CONSENT - (only if participant is under the age of 18):

AND I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or part by the operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim.

Printed Name of Parent/Guardian:

_____ Date: _____

Address:

Phone: _____

Parent/Guardian Signature

Waiver for Southern Sprints Indoor Rowing Championships

IN CONSIDERATION of being given the opportunity to participate in the Southern Sprints

Indoor Rowing Championships I, for personal representatives, my assigns, heirs, next of kin, and

myself:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of rowing activities, both on the water and land based and that I am qualified, in good health, and in proper physical condition to participate in such Regatta.

2. FULLY UNDERSTAND that:

(a) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury,

including permanent disability, paralysis, and death ("risks"),

(b) These risks may be caused by my own actions, or inaction's, the actions of others

participating in the Regatta, the condition in which the Regatta takes place, or the negligence of the "releasees" named below;

(c) There may be other risks and social and economic losses either not known to me or not

foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my

participation in the Regatta.

3. AGREE AND WARRANT that I will examine and inspect each Regatta in which I take part

and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Regatta and will refuse to take part in the Regatta until the condition has been corrected to my satisfaction.

4. HEREBY RELEASE, discharge, and covenant not to sue Florida Institute of Technology, the

Regatta, their administrators, directors, agents, officers, volunteers and employees, and other

participants, regatta organizers, any sponsors, advertisers, and, if applicable, owners and lessors

of premises on which the Regatta takes place (each considered one of the releasees herein) from

all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or cost which may incur as a the result of such a claim.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any induction or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force.

Printed name of Participant: (Signature in ink, please):

Street: _____

City: _____

State and ZIP: _____

Phone: _____

Date: _____

Participant's Signature (only if age 18 or over):

Parental Consent

AND I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS, each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or cost that may incur as the result of any such claim.

Printed name of Parent/Guardian: (Signature in ink, please)

Street: _____

City: _____

State and ZIP: _____

Phone: _____

Date: _____

Parent/Guardian's Signature (only if participant is under the age of 18):
